



ESL Virtual Learning

Study Skills

May 12, 2020

Lesson: May 12, 2020

Objectives:

1. Students will focus on ending the year with passing grades.
2. Students will contract their teachers for help.
3. Students will understand the importance of working on their mental health

Study Skills E-LEARNING Tuesday, May 12th





Thoughtful Tuesday

Continue to do what you have been doing to get the best grade for 2nd Semester.

- Motivate yourself to do a task you find difficult
- 30 Easy Random Acts of Kindness for Teenagers

Remember Monday's Lesson on Goal Setting

How to Motivate Yourself to Do a Task You Find Difficult

- Sometimes other people set goals or tasks for us that we don't find interesting or want to do.
- So, try and find something within that task that **Does Motivate You.**
 - For example: 'I don't love math, but it's going to help me become a builder, which I want more than anything.'

Easy Act of Kindness

Click on the links below to find Acts of Kindness for Teenagers, Animal Enthusiasts, Techies, and ways to support those in the Military

1. [30 Easy Random Acts of Kindness for Teenagers](#)
2. [15 Acts of Kindness for Pet Lovers & Animal Enthusiasts](#)
3. [20 Acts of Kindness You Can Do From Your PC, Tablet or Phone](#)
4. [20 Acts of Kindness that Support the Military](#)



**A Weekly Check In! If you have not
done so, I would like you to take this
weekly survey letting us know how
you are doing.
Let's do this!**



Things to Remember

- Contact your teachers, tell them hello. We miss you!
- There is still time to improve your grades for 2nd semester.
- You can still get a Chromebook at Truman High School. Go to the school from 11:45a.m. to 1:00p.m. Your parent needs to go to sign a waiver.
- Go to this link that was shared in an email by Dr. Herl to get free WiFi. <https://corporate.comcast.com/covid-19>
- Here is a [Spanish video](#) on how you can use your cell phone as a HOT SPOT. Please share this with all the other ESL students.

**This ends another day. I hope
it was a great day for you.
Don't forget teachers are
available to help you. You
need to email us.
Keep Moving Forward- YOU
CAN DO IT!**

Mrs. Lamas

